

\*Celebrating our 30th Year

Est. 3 / 87



# BOOGIE BUSINESS©

'This is not the news you would like to read, this is the news you need to read!'



'Best Little Shag Club in the Valley!'

SHELL we dance?

## Lake Hickory Shag Club

Promoting and Preserving Shagging and the Heritage of Beach Music



'#1 Valley Party'



'20 Years of FWB'

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### June ("SEAS the Day") Prez's letter

June is here! And it's time for our Summer Kick-off at our monthly party Saturday June 3<sup>rd</sup>. To start off the summer right, we are offering Line Dance Lessons, starting June 3<sup>rd</sup>. Time will be at 6:45 – 7:15 and the instructor Suzanne Willis. The cost of the lessons is included in your door cover. So come on out early and learn a new line dance. Great exercise and loads of fun!!!

I want to thank everyone for a great party in May and WHAT a truly great birthday celebration. Since I have celebrated my birthday all month long, I have had lots of smiles and laughter!!

Please consider volunteering on any of the committees. Your expertise may be just what we need to make LHSC even more successful. The committee sheets will be available at our monthly parties or contact any Board member. "Volunteer-Make a Friend"

Please visit our website – lakehickoryshagclub.com for shag lessons updates, photos and upcoming parties. Mark your calendars for our monthly parties....you don't want to miss the fun, fellowship and shagging" See you on the dance floor,

Ann Sigmon, POTLHSC



A Proud Member Of The:

Through the National Fast Dance Association, our club dance activities are licensed by:

## BLUES Blog©

Happiness comes in waves.

Cool Me Out!



Sombert & Kit Golf

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### Evolution history of our shag dance beginnings.....

"The Lindy Hop was performed by young kids in the twenties, jitterbug in the thirties, swing in the forties, and rock and roll/bebop/Carolina shag in the fifties. In the sixties, young kids broke away and danced animal caricature dances; in the seventies dances is characterized by a unique set period. "The music of the seventies just as the music of the twenties lent Pat McNees, writer/editor



It all started at the Savoy Ballroom in Harlem, 1926.

In the late 1920's in Harlem wherever people wasn't until after the

Ballroom that Lindy Hop got its name and a home. At the Savoy the Lindy Hop got hotter and hotter, as people danced to the top Big Bands in the land. And it got better and better, as the popular Saturday night competitions pushed good dancers to greatness. New steps were born every day. The styling got refined and was executed so well that the dance was a joy to watch as well as do. When it looked like it couldn't get any better, a young dancer named Frankie "Musclehead" Manning created the first airsteps in 1935, and the Lindy Hop soared.

they danced the hustle." Each of these of moves that are suited to the music of the lent itself to the development of the hustle itself to the development of the Lindy Hop."

lem Lindy Hop was breaking out were partying... But it opening of the Savoy

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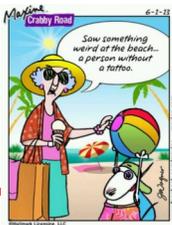
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BBN v. 3.75



Frankie Manning and Ann Johnson (1941)

The dance can be wild and spontaneous, with frenzied kicks and body movements, or it can be cool and sophisticated. The most important aspects of it are that it is danced with your partner, to the music, and that you enjoy it! The Lindy Hop is considered a cultural phenomenon that broke through the race barrier when segregation was still the norm.



What a strange but unique name - The Jitterbug! Nearly all people attribute Cab Calloway (1907-1994) as coining the term. However, he was not the one. As you will see, Harry Alexander White (b.6/1/1898) who was also known as "Father White" by his peers coined the term "Jitterbug." White was a trombonist, drummer and arranger on the "Keith Circuit" in 1914 as well as working with Duke Ellington (1899-1974) and Elmer Snowden, later White, would work with the renowned Cab Calloway.

Calloway's trumpeter, Edwin Swayzee, overheard Mr. White using the term "Jitterbug," which apparently was unheard of during this period. Swayzee wrote the song entitled "The Jitterbug" for Cab Calloway after hearing White's use of the word. Calloway recorded the song in January 1934, which made it a household name. Sooo,,, White coined it, Swayzee used it, and Calloway made it famous. Jitterbug, which was popular in the 1930s, speeded the dance up, says Craig Hutchinson of Potomac Swing (emphasizing that no two people will agree on these definitions), using six beats of music for each figure. Both the lindy and jitterbug used acrobatics, aerials (e.g., flipping the woman over the man's back), and breakaways (where the partners break apart from each other and do different things). During the spring of 1934, RCA-Victor Records Company signed Goodman's Band. That Summer he went on the road and toured the Ballrooms. The first successful stop was Sweet's Ballroom in Oakland, Ca. young adults lined up for blocks to hear and dance to Goodman's new music, They Jitterbugged all night long. This was ACTUALLY the first "Un-official" start of the Jitterbug craze and the Big Swing Bands.

Dancing became hotter still with the arrival of thirties; "In the forties," says Craig Hutchinson — took out changed, too. They started playing swing music and came up with a much smoother, more sophisticated form of dance called swing. Swing developed in two different directions: into East Coast swing, which is danced in a circular area, and West Coast swing, which is danced on a straight track.



**SWING** the swing style of big-band music, in the mid-son of Potomac Swing, "the dance schools all the bumps and grinds, squats and aerials — and the music



**SHAG** Late 40s came the what some refer to as the 'Dirty Shag' and the 'Bad Boys of Summer' transitioned that into today dance. (For some more history of our dance read previous issues of BBN)

(NOTE: This article is not the definitive word on these dances. It is just to give you some summation of the development of the different styles and how they started then transitioned into the Shag.)



I don't go crazy.  
I am crazy.  
I just go normal  
from time to time.



**\*\*June Birthdays\*\***

**\*\*May New Members\*\***

- 6/05 Dan Christian
- 6/25 Will Sloan
- 6/26 Joyce Sronce
- 6/29 Kat Escoto



- C.B. Adams
- Ann Blanton



**\*Note: Birthday Babies get in FREE!**

**2017 YTD Membership: 92**



**Use It or Lose It: Dancing Makes You Smarter**  
by Richard Powers

Why dancing?

We immediately ask two questions: Why is dancing better than other activities for improving mental capabilities? Does this mean all kinds of dancing, or is one kind of dancing better than another? That's where this particular study falls short. It doesn't answer these questions as a stand-alone study. Fortunately, it isn't a stand-alone study. It's one of many studies, over decades, which have shown that we increase our mental capacity by exercising our cognitive processes. Intelligence: Use it or lose it! And it's the other studies which fill in the gaps in this one. Looking at all of these studies together lets us understand the bigger picture. The essence of intelligence is making decisions. The best advice when it comes to improving your mental acuity, is to involve yourself in activities which require split-second rapid-fire decision making, as opposed to rote memory (retracing the same well-worn paths), or just working on your physical style. One way to do that is to learn something new. Not just dancing, but anything new. Don't worry about the probability that you'll never use it in the future. Take a class to challenge your mind. It will stimulate the connectivity of your brain by generating the need for new pathways. Difficult classes are better for you, as they will create a greater need for new neural pathways. Then take a dance class, which can be more effective.

**Dancing integrates several brain functions at one— kinesthetic, rational, musical, and emotional— further increasing your neural connectivity....**

*Article from the Albuquerque Dance Club Newsletter (Part 1), to be continued next month....*



*\* Stay tuned for more stories/pics from the Shag World \**



**Club Member's WAVES of Info:**



- **Free** Line Dance lessons w/admission at the June party. Starts at 6:45pm, Instructor Suzanne Willis
- **June Shag Lessons will begin Wednesday, June 7th @ VFW. No lessons in July.**



**Editor's Play Block**

**Editor's 'SALTY' News**

With the end of May and start of June the summer of 2017 begins as does the numerous migrations to the beach and thoughts of the many summers before. Some of my favorite memories was at Tilghman #209 and the pool parties held right below our condo deck. The DJ would crank up the turn tables around 10am, wake us up (we just got to bed about 4:30am that morning). Carl would fix the bBloody Marys, Stephanie would do her Don King impression with the hair straight up & Judy would be wearing her infamous black 'WOW' night shirt. We would sit on the deck for our free concert. I know you have your favorite memories and that is what summer is all about....creating new memories that allow us to be and stay young at heart. Age is just mind over matter....If you don't *mind*....then it doesn't *matter*. Stay young and make some great new memories this summer....see you at the beach!



Judy got me this top.

Thanks to our advertiser(s) for supporting our club. If you wish to be an advertiser in BBN you may contact the Editor, Jim Mauldin, at [www.jmldn1@charter.net](mailto:www.jmldn1@charter.net) and attach your business card. The fee is just \$25 per year to be included in our 12 issues that go out to our membership.



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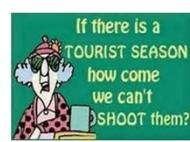
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Also like us on



LHSC Party Schedule

Dates DJ

- 6/3 Daddy George
- 7/1 Fast Eddie
- 8/5 Butch Metcalf
- 9/9 Betty Brown

Time: 7:00pm—11:00pm



Shag Lessons

LHSC Party location:

VFW Post 1957  
1615 12th St Dr NW  
Hickory, NC 28601  
828-328-8281

\*For June Class Sign-up\*

Send email to: jmlndn2@charter.net  
include name(s) & mobile #

When: Wed. June 7,14,21,28

- **Beginners:** 6:30pm
- **Intermediate:** 7:00pm
- **Next Steps:** 7:30pm

Where: Hickory VFW

Instructors: Jim & Judy Mauldin  
\$20 per person / Jrs (<21) Free



Winner's Row



Roger  
1/2 & 1/2  
Winner



Kelly  
Guest  
Winner



Zona  
Member  
Winner



None  
CD  
Winner



LHSC  
Awesome  
Party

Important Shag Dates



To view SOS live:  
Google—OD  
Pavilion Webcam

For all Shag Clubs' events visit:  
www.shagtours.com

Local Area Happenings

Fri. Jun 2,9,16,23,30  
@ Finish Line Lounge  
Twister's S.C.  
Mooresville

Sat. June 10  
@ H.I. Express  
Brushy Mtn S.C.  
N. Wilkesboro

Sat. June 3  
@ VFW  
Statesville S.C.  
Statesville

Sat. June 24  
@ Elks Lodge  
Sandy Beach S.C.  
Morganton



Sat. June 3rd:  
Lake Hickory SC  
Hickory



National Shag Club Newsletters / association member  
N.S.C.V.L. Newsletter Rating: GR GET REAL  
Over 21 requires an accompanying kid or child supervisor  
May not be suitable for some adults as it may contain some humor and/or interesting dance or music facts.  
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2017  
July  
July 14-16  
Summer Workshop

July  
July 18-23  
Junior SOS

September  
September 15-24  
Fall Migration

2018  
January  
January 12-14  
Mid-Winter



I feel like I should be doing something, so I think I'll stay here till that feeling passes.